

ABSTRACT OF THE DISCLOSURE

[0020] An apparatus and method for limiting movement of a pillow relative to a bed. At one end, flexible member can be engaged with a pillow. At the other end of the flexible member, a weight can be suspended from an edge of the bed. The invention can include a clip engageable with the pillow to releasibly associate the member and the pillow. The weight can be moveably associated with respect to the member to selectively space the weight and the member with respect to one another.